



TRY A ZUMBA CLASS
Bring a Friend to try it out too!

ZUMBA

What is Zumba?

A combination of Latin rhythms and low-impact aerobics. Easy-to-follow dance moves and calorie-burning benefits to get your heart pump'in and your body mov'in with a workout that's fun and effective!

**5 Days a
Week!**

**AM & PM
Classes**

**Energizing
Fun
Instructors**

No Fee for Members
Non-Member Fee: \$50 for 10 sessions,